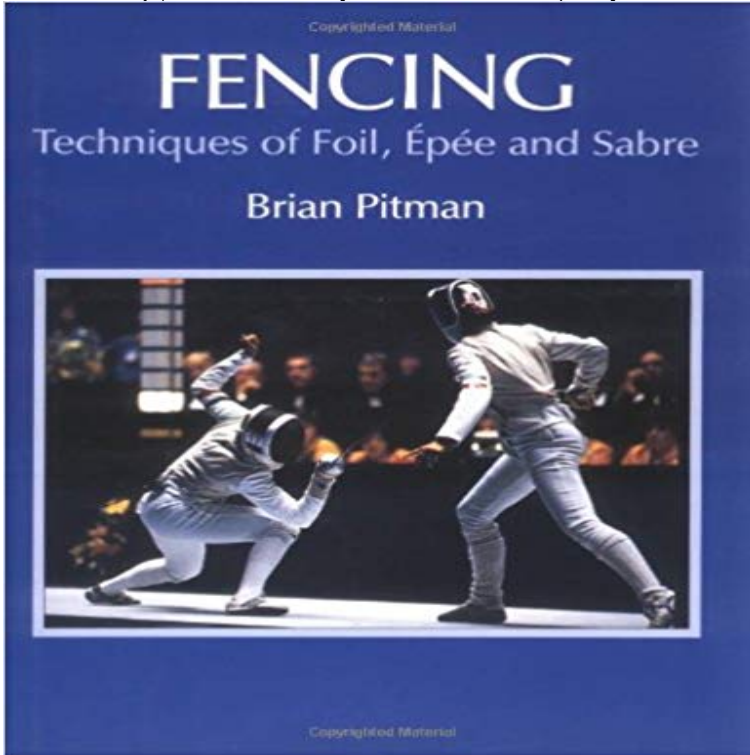


Fencing: Techniques of Foil, Epee and Sabre



This guide to fencing includes over 100 action photographs, demonstration sequences, and line drawings to help the reader put its advice into practice. It introduces the weapons and clarifies the rules governing them, explains the basics of the grip and the on-guard position, covers the strokes used in attack and defense, and explores tactics in depth.

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