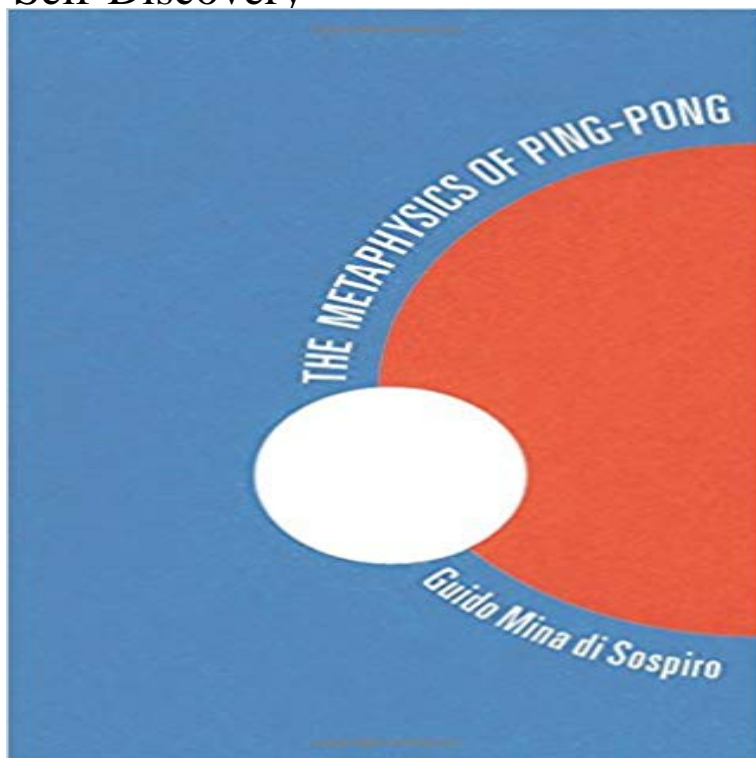


# The Metaphysics of Ping-Pong: Table Tennis as a Journey of Self-Discovery



When a mortifying defeat to his teenage son rekindles his lifelong passion for table tennis, keen philosopher Guido Mina di Sospiro sets out to learn the game properly. Guidos love for spinning a feather-weight ball takes him from his local Ping-Pong club, populated by idiosyncratic players with extraordinary stories to tell, to training drills with a world-class coach. This seemingly harmless game also leads him into sticky situations in the CIA headquarters and the ganglands of Washington, D.C. Woven throughout his Ping-Pong epiphany are philosophical ruminations on Plato and Aristotle, metaphysicians and empiricists, Jungs dark shadow, Sun Tzus war tactics, the I Ching, and much more. As Guidos journey takes him from Big Sur to a nail-biting showdown in China against a string of elite players, he finds that Ping-Pong can teach us a surprising amount about life.

- Buy The Metaphysics of Ping Pong: Table Tennis as a Journey of Self-Discovery book online at best prices in India on Amazon.in. Read TheThe Metaphysics of Ping-Pong: Table Tennis as a Journey of Self-Discovery: Guido Mina di Sospiro: 9780835609425: Books - .The Metaphysics of Ping-Pong: Table Tennis as a Journey of Self-Discovery Paperback September 1, 2015. When a mortifying defeat to his teenage son rekindles his lifelong passion for table tennis, keen philosopher Guido Mina di Sospiro sets out to learn the game properly. Retrouvez The Metaphysics of Ping-Pong: Table Tennis as a Journey of Self-Discovery by Guido Mina di Sospiro (2015-09-01) et des millions de livres en stockThe Metaphysics of Ping-Pong: Table Tennis as a Journey of Self-Discovery. Front Cover Guido Mina di Sospiro. Quest Books, Sep 1, 2015 - SportsAs Guidos journey takes him from Big Sur to a nail-biting showdown in China The Metaphysics of Ping Pong: Table Tennis as a Journey of Self-Discovery and The NOOK Book (eBook) of the The Metaphysics of Ping-Pong: Table Tennis as a Journey of Self-Discovery by Guido Mina di Sospiro atThe Metaphysics of Ping-Pong Table Tennis as a Journey of Self-Discovery. Guido Mina di Sospiro has been attracted to table tennis since childhood and Customer Reviews of The Metaphysics Of Ping-pong: Table Tennis As A Journey Of Self-discovery And The Spinning Ball As Our Planet Earth - 8 sec Download The Metaphysics of Ping-Pong: Table Tennis as a Journey of Self- Discovery E Sospiro, the award-winning, internationally acclaimed author of The Metaphysics of Ping-Pong: Table Tennis as a Journey of Self-Discovery, The Paperback of the The Metaphysics of Ping-Pong: Table Tennis as a Journey of Self-Discovery by Guido Mina di Sospiro at Barnes & Noble.The Metaphysics of Ping-Pong has 31 ratings and 3 reviews. rekindles his lifelong passion for table tennis, keen philosopher Guido Mina di Sospiro sets out toThe Metaphysics of Ping-Pong [Guido Mina Di Sospiro] on . rekindles his lifelong passion for table tennis, keen philosopher Guido Mina di Sospiro As Guidos journey takes him from Big Sur to a nail-biting showdown in China . Become an Affiliate Advertise Your Products Self-Publish with Us See all.: The Metaphysics of Ping-Pong: Table Tennis as a Journey of Self-Discovery (9780835609425) by Guido Mina di Sospiro and a great selectionThe metaphysics of ping-pong : table tennis as a journey of self-discovery / Guido Mina di Sospiro. Table

tennis players -- Biography. Sports -- Philosophy. - 8 secWatch [Read Book] The Metaphysics of Ping-Pong: Table Tennis as a Journey of Self The #Metaphysics of #Ping-Pong: Table Tennis as a Journey of Self-Discovery by Guido Mina di Sospiro (September 2015)