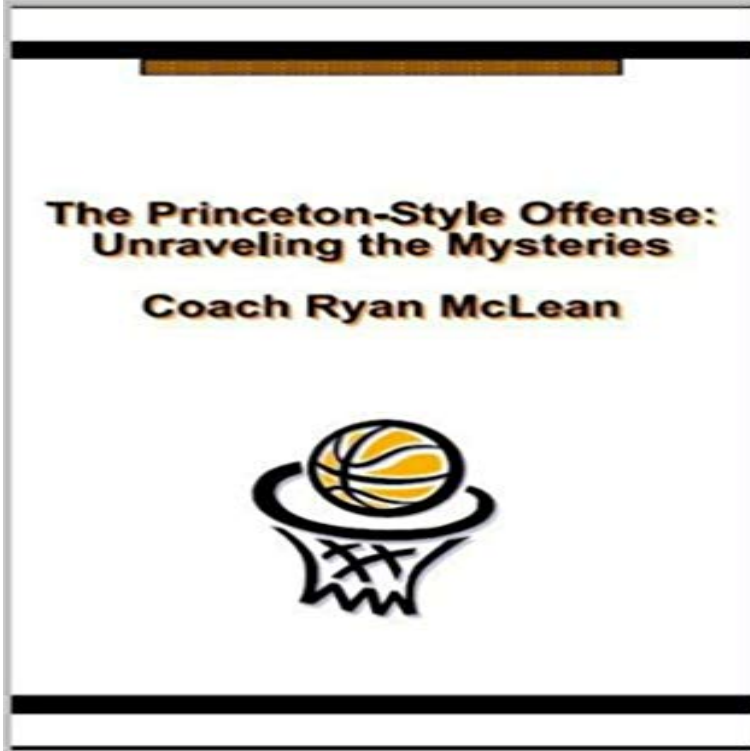


# The Princeton-Style Offense: Unraveling The Mysteries



After seeing the Princeton Offense in action many times in the NCAA tournament and watching the constant motion, precise passing, and backdoor cuts that make this offense what it is lead to many upsets, I became very interested in discovering the secrets of how the offense works. I had a difficult time finding information about the offense because very few teams besides Princeton ran it, and the coaching staff there liked to keep their offense in house, with good reason. So I set out to study as much tape on the offense and do as much research as I could to find out exactly how this offense works. After much hard work, I believe I have put together an excellent description of my understanding of this special offense with this book. It is 52 pages and includes sections on the following topics: The basic positions, sets, and basic cuts used in the Princeton Offense. Each of the four main patterns used in the Princeton Offense, each based mainly on where the center is located. Set plays that can be used at the end of quarter or game situations. Drills that can be used to teach the offense and practice the specific passing, dribbling, and shooting skills needed in the Princeton Offense.

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