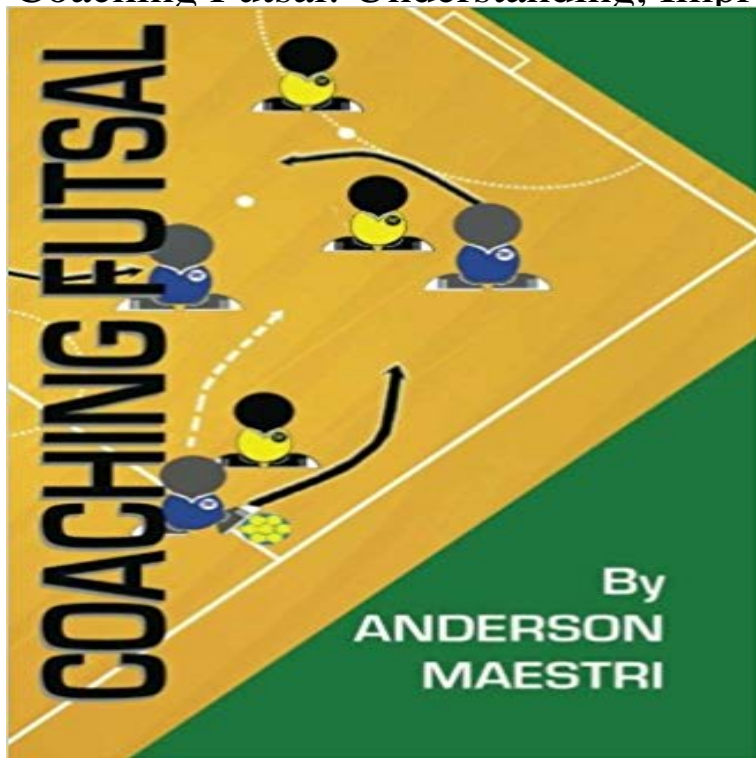


Coaching Futsal: Understanding, Improving, and Perfecting



Anderson Maestri shares a small portion of his knowledge in this concise work. The brief nature of this book makes it a perfect tool for coaches, players, and parents interested in developing their initial Futsal skills or polishing existing ones. After years of playing, coaching, and individual training, Anderson has compiled some of his age and competition tried drills and exercises in order to create a book that would be beneficial to all levels of play. You will find inside these pages drills, formations, philosophies of the game, helping your goalie, and other concepts that may change how you see the game of Futsal.

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